



**2012 CANADIAN OUTDOOR YOUTH WOMEN RECORDS**  
**As of December 31, 2012**  
**(17 years and under as of December 31, 2012)**

Event Événement	PERF	Wind Vent	Name Nom	YOB Né(e)	Venue Endroit	Date
100	11.53	1.8	Khamica Bingham	1994	Toronto, ON	24 Jul 11
200	23.43	1.8	Christian Brennan	1995	Ottawa, ON	07 Aug 11
400	52.12		Christian Brennan	1995	Lille, FRA	08 Jul 11
800	2:05.99		Carly Paracholski	1993	Moncton NB	21 Jul 10
1500	4:20.59		Jessica Parry	1991	Pune IND	15 Oct 08
3000	9:36.77		Geneviève Lalonde	1991	Sherbrooke QC	10 Aug 08
3000mRW	15:41.22		Rachel Inglis	1993	Victoria BC	09 May 10
5000mRW	28:29.16		Anne Voyer	1993	Sherbrooke QC	11 Jul 10
5kmRW	25:19 r		Chelsea Rodriguez	1986	Toronto ON	25 May 03
100mH/0.762	13.38	1.7	Nicole Settington	1995	Charlottetown PE	17 Aug 12
300mH/0.762	41.91		Sage Watson	1994	Calgary, AB	12 Jun 11
400mH/0.762	59.00		Sage Watson	1994	Abbotsford, BC	08 Jun 11
2000msc	6:39.36		Jessica Furlan	1990	Abbotsford	29 Jul 07
4x100m	46.27		Jadyn Chevanes-Skeen Naomi Kerr Nita Paterson-Reid Khamica Bingham	1997 1994 1994 1994	Toronto, ON	24 Jul 11
Medley	2:05.72		Shamelle Pless (400), Khamica Bingham (300), Christian Brennan (200), Sage Watson (100)	1994 1994 1995 1994	Lille, FRA	10 Jul 11
4x400m	3:45.32		Ellie Hirst Jenna Westaway Alexa Hrycun Sage Watson	1995 1994 1994 1994	Ottawa ON	07 Aug 11
High Jump	1.82		Alyxandria Treasure	1992	Burnaby BC	01 Jun 08
Pole Vault	3.91 3.91		Alysha Newman Alysha Newman	1994 1994	Ottawa ON London, ON	08 Aug 10 28 May 11

Long Jump	6.21	1.9	Christabel Nettey	1991	Sherbrooke QC	09 Aug 08
Triple Jump	12.95	0.9	Tabia Charles	1985	London ON	30 Jun 01
Shot Put/3k	16.56		Julie Labonté	1990	Sherbrooke QC	06 Jun 07
Shot Put/4k	14.46		Julie Labonté	1990	Sherbrooke QC	16 Jun 07
Discus/1k	49.98		Asianna Covington	1995	Langley BC	28 Apr 12
Hammer/3k	60.40		Asianna Covington	1995	Coquitlam BC	10 Jun 12
Hammer/4k	58.43		Daina Levy	1993	Marietta GA	13 Jun 10
Javelin	50.53		Elizabeth Gleadle	1988	Marrakech MAR	17 Jul 05
Heptathlon	5043		Georgia Ellenwood	1995	Ottawa, ON	05/06 Aug 11
100mH:14.52(0.4)/ HJ:1.67/SP:9.14/ 200m: 25.58(0.2) (3031)						
LJ:5.53(0.8)/ JT 34.15/ 800m:2:25.67						